

Sugar Hill 2016 Workshop Schedule: Saturday

8:00am-2:00pm: Breakfast/Lunch

Time	Dining Hall
8:30-10:00am	Open Waltzing <i>Open Band</i>
10:15-11:00am	Simply Fun: Dances for All Ages* <i>Katie Zukof</i>
11:15am-12:30pm	Bhangra** <i>Georges Augustin</i>
12:45-2:00pm	Irish Set Dancing <i>Daniel Flora</i>
2:15-3:30pm	Small, Safe and Silly— Dips and Leans <i>Lauren Peckman</i>
3:45-5:45pm	Advanced Contrabass <i>Alex Deis-Lauby</i>

Time	Inlow Center (A/C)
8:00-9:00am	Sunrise Yoga Flow <i>Ami Blue</i>
11:00am	Blues by the Beach <i>Open Blues Dancing to recorded music</i>
12:45-2:00pm	Waltzes with a Twist <i>Bob Green, Martha Edwards and Friends</i>
2:45-3:30pm	Afternoon Yoga Flow <i>Ami Blue</i>

Time	Other Locations
10:00-11:30am	Nature Ramble <i>Nancy Grant</i> Meets at Dining Hall
11:00am-12:00pm	Kids' Singing Games <i>Dawn Parker</i> The Pines outside Dining Hall
1:00pm	Group Sing The Pines outside Dining Hall
2:00pm	Ice Cream Party At the Beach
2:30-4:00pm	Lake Dance <i>Tamara Loewenthal</i> At the Beach

6:00pm: Dinner

**Simply Fun— Dances for All Ages:* Youth- and family-oriented dances and games; all are welcome!

***Bhangra:* Dances from the Punjab region of East Pakistan and North India

But wait, there's more! On Sunday:

8:00am-12:00pm: Breakfast/Brunch

8:00-9:00am: Sunrise Yoga Flow *with Ami Blue in Inlow Center*

9:00am-12:00pm: Open Waltzing *with Open Band in Dining Hall*